ALT3 SEATING



Deriving Maximum Benefits from your Alt3[™] Conference Chair

To benefit from the Alt3 Conference Chair's ergonomic features, individual adjustments need to be made.

A. Seat Height Adjustment

To lower height while seated, lift the lever at the right of the seat. To raise the height, remove your weight from the seat while lifting the lever.

B. Tilt Lock

To lock the back in place, push the lever in. To tilt the back, pull the lever out.

C. Back-Tilt Tension

To increase the tilt tension, turn the knob (located directly under the front of the seat) clockwise. To decrease the tilt tension, turn the knob counter-clockwise.

